

Prueba 12  
22/11/2025

Fem., 200m Libre

Absoluto Femenino  
Resultados

Puntos: AQUA 2025

Clasificación	AN				Tiempo				Pts	
1. NANNUCCI, Bianca	08	C.N. Las Palmas			<b>1:57.67</b>	823	RR	ABS		
50m: 28.25 28.25	100m: 58.03	29.78	150m: 1:27.98	29.95	200m: 1:57.67	29.69				
2. AGUIAR ESPINO, Olivia	09	C.N. Metropole			<b>2:10.43</b>	604				
50m: 30.89 30.89	100m: 1:03.79	32.90	150m: 1:37.18	33.39	200m: 2:10.43	33.25				
3. PEREZ RAMOS, Alba	10	C.N. Metropole			<b>2:12.91</b>	571				
50m: 31.27 31.27	100m: 1:05.22	33.95	150m: 1:39.71	34.49	200m: 2:12.91	33.20				
4. BELLO CODINA, Julia	08	C.N. Las Palmas			<b>2:13.11</b>	569				
50m: 30.90 30.90	100m: 1:05.40	34.50	150m: 1:39.57	34.17	200m: 2:13.11	33.54				
5. MARTIN MARTIN, Nerea	11	C.D. Nonadamos			<b>2:14.80</b>	547				
50m: 31.27 31.27	100m: 1:05.55	34.28	150m: 1:40.62	35.07	200m: 2:14.80	34.18				
6. DE MARCO CASTAÑO, Natalia	08	C.N. Valleverde			<b>2:14.89</b>	546				
50m: 32.09 32.09	100m: 1:06.11	34.02	150m:		200m: 2:14.89					
7. DE CASTRO URQUIOLA, Helena	04	C.N. Aguacan			<b>2:14.91</b>	546				
50m: 31.58 31.58	100m: 1:05.74	34.16	150m: 1:40.46	34.72	200m: 2:14.91	34.45				
8. RIJO MARTIN, Sara	08	Esna Lanzarote			<b>2:16.40</b>	528				
50m: 31.58 31.58	100m: 1:05.81	34.23	150m: 1:41.83	36.02	200m: 2:16.40	34.57				
9. SARMIENTO OJEDA, Andrea	12	C.N. Aguacan			<b>2:18.68</b>	503				
50m: 31.90 31.90	100m: 1:06.81	34.91	150m: 1:43.23	36.42	200m: 2:18.68	35.45				
10. PEREZ MUÑOZ, Claudia	08	Esna Lanzarote			<b>2:19.69</b>	492				
50m: 32.28 32.28	100m: 1:07.39	35.11	150m: 1:44.18	36.79	200m: 2:19.69	35.51				
11. LOPEZ SOSA, Carla	09	Cn.Salinas Sta.Lucia			<b>2:19.71</b>	492				
50m: 32.55 32.55	100m: 1:08.29	35.74	150m: 1:44.62	36.33	200m: 2:19.71	35.09				
12. QUINTANA SUAREZ, Miriam	10	Club Deportivo Agaeterun			<b>2:20.54</b>	483				
50m: 33.62 33.62	100m: 1:08.96	35.34	150m: 1:44.78	35.82	200m: 2:20.54	35.76				
13. ALAMO MATOS, Ariadna	09	C.N. Carucagua			<b>2:23.27</b>	456				
50m: 32.73 32.73	100m: 1:08.53	35.80	150m: 1:46.21	37.68	200m: 2:23.27	37.06				
14. PERCANNELLA, Giada	07	C.N. Valleverde			<b>2:28.37</b>	410				
50m: 34.18 34.18	100m: 1:11.72	37.54	150m:		200m: 2:28.37					
15. TOBAL FEBLES, Helena	13	C.D. Herbania			<b>2:31.11</b>	389				
50m: 34.99 34.99	100m: 1:13.26	38.27	150m: 1:52.73	39.47	200m: 2:31.11	38.38				
16. CABRERA VERASTEGUI, Maria	12	Club Deportivo Agaeterun			<b>2:34.11</b>	366				
50m: 36.17 36.17	100m: 1:15.48	39.31	150m: 1:55.51	40.03	200m: 2:34.11	38.60				
17. GONZALEZ RAMIREZ, Marta	09	C.N..Faynagua C. Telde			<b>2:38.51</b>	337				
50m: 36.62 36.62	100m: 1:17.22	40.60	150m: 1:58.45	41.23	200m: 2:38.51	40.06				
18. CARRASCOSA SANTAMARIA, Sara	08	C.N..Faynagua C. Telde			<b>2:40.43</b>	325				
50m: 38.04 38.04	100m: 1:19.53	41.49	150m: 2:01.72	42.19	200m: 2:40.43	38.71				
19. LOPEZ CELAYE, Emma Abril	12	C.D. Nonadamos			<b>2:40.67</b>	323				
50m: 37.42 37.42	100m: 1:18.32	40.90	150m: 2:00.16	41.84	200m: 2:40.67	40.51				

Prueba 12, Fem., 200m Libre, Absoluto Femenino

Clasificación	AN								Tiempo	Pts
20. PEREZ RIVERO, Emma	07	Cn.Salinas Sta.Lucia							<b>2:43.63</b>	306
50m: 38.37 38.37	100m: 1:20.02	41.65	150m: 2:02.65	42.63	200m: 2:43.63	40.98				
21. QUINTANA PEREZ, Alma	09	C.N. Carucagua							<b>2:45.56</b>	295
50m: 35.31 35.31	100m: 1:16.54	41.23	150m:		200m: 2:45.56					
22. FERNANDEZ IBRAHIM, Maria Cristina	08	C.D. Herbania							<b>2:53.38</b>	257
50m: 40.67 40.67	100m: 1:24.27	43.60	150m: 2:09.63	45.36	200m: 2:53.38	43.75				

Prueba 13  
22/11/2025

Masc., 400m Estilos

Absoluto Masculino  
Resultados

Puntos: AQUA 2025

Clasificación	AN								Tiempo	Pts
1. COCERA CORDON, Yare	05	C.N. Metropole							<b>4:42.17</b>	576
50m: 28.92 28.92	150m: 1:38.30	36.66	250m: 2:56.71	42.20	350m: 4:11.22	32.45				
100m: 1:01.64 32.72	200m: 2:14.51	36.21	300m: 3:38.77	42.06	400m: 4:42.17	30.95				
2. SANTOS CABRERA, Daniel	09	C.N. Metropole							<b>4:46.65</b>	549
50m: 29.68 29.68	150m: 1:41.77	37.13	250m: 2:58.53	38.85	350m: 4:14.48	34.05				
100m: 1:04.64 34.96	200m: 2:19.68	37.91	300m: 3:40.43	41.90	400m: 4:46.65	32.17				
3. COLODRERO MUÑOZ, Ivan	09	Esna Lanzarote							<b>4:49.68</b>	532
50m: 31.61 31.61	150m: 1:44.12	37.26	250m: 3:03.99	43.44	350m: 4:19.32	32.09				
100m: 1:06.86 35.25	200m: 2:20.55	36.43	300m: 3:47.23	43.24	400m: 4:49.68	30.36				
4. GUILLEN PEÑA, Victor	02	C.P.Santa Mª De Guia							<b>4:51.61</b>	522
50m: 31.40 31.40	150m: 1:45.36	37.76	250m: 3:04.80	42.75	350m: 4:19.99	32.58				
100m: 1:07.60 36.20	200m: 2:22.05	36.69	300m: 3:47.41	42.61	400m: 4:51.61	31.62				
5. BETANCORT RODRIGUEZ, Javier	03	Esna Lanzarote							<b>5:05.10</b>	455
50m: 31.73 31.73	150m: 1:46.62	39.09	250m: 3:09.34	44.24	350m: 4:31.26	36.41				
100m: 1:07.53 35.80	200m: 2:25.10	38.48	300m: 3:54.85	45.51	400m: 5:05.10	33.84				
6. VIERA VIERA, Acoran	03	C.D. Nonadamos							<b>5:09.35</b>	437
50m: 30.84 30.84	150m: 1:47.08	40.14	250m: 3:12.97	46.45	350m: 4:34.87	35.17				
100m: 1:06.94 36.10	200m: 2:26.52	39.44	300m: 3:59.70	46.73	400m: 5:09.35	34.48				
7. CARAMES HUERTAS, Oriol	08	C.N..Faynagua C. Telde							<b>5:10.07</b>	434
50m: 34.04 34.04	150m: 1:54.53	41.69	250m: 3:16.12	42.29	350m: 4:35.38	36.40				
100m: 1:12.84 38.80	200m: 2:33.83	39.30	300m: 3:58.98	42.86	400m: 5:10.07	34.69				
8. SANTANA SARMIENTO, Miguel	83	C.N..Faynagua C. Telde							<b>5:13.10</b>	421
50m: 34.52 34.52	150m: 1:54.23	40.94	250m: 3:19.82	45.18	350m: 4:40.88	35.07				
100m: 1:13.29 38.77	200m: 2:34.64	40.41	300m: 4:05.81	45.99	400m: 5:13.10	32.22				
9. OUBIÑA CORVALAN, Marcos A	05	Cn.Salinas Sta.Lucia							<b>5:15.82</b>	410
50m: 33.30 33.30	150m: 1:53.87	41.70	250m: 3:19.89	45.75	350m: 4:41.53	35.98				
100m: 1:12.17 38.87	200m: 2:34.14	40.27	300m: 4:05.55	45.66	400m: 5:15.82	34.29				
10. AVERO RODRIGUEZ, Angel	11	C.D. Herbania							<b>5:22.67</b>	385
50m: 34.16 34.16	150m: 1:54.25	42.40	250m: 3:22.68	47.56	350m: 4:46.87	36.25				
100m: 1:11.85 37.69	200m: 2:35.12	40.87	300m: 4:10.62	47.94	400m: 5:22.67	35.80				

Prueba 13, Masc., 400m Estilos, Absoluto Masculino

Clasificación	AN		Tiempo	Pts
11. MATEOS SEGURA, Pablo	10	Club Deportivo Agaeterun	<b>5:22.88</b>	384
50m: 33.46 33.46 150m: 1:55.70 43.00 250m: 3:21.60 44.73 350m: 4:45.78 38.24				
100m: 1:12.70 39.24 200m: 2:36.87 41.17 300m: 4:07.54 45.94 400m: 5:22.88 37.10				
12. SANTANA VALIDO, Alan	05	C.N. Aguacan	<b>5:24.94</b>	377
50m: 34.49 34.49 150m: 1:59.99 45.13 250m: 3:26.48 43.34 350m: 4:50.68 39.12				
100m: 1:14.86 40.37 200m: 2:43.14 43.15 300m: 4:11.56 45.08 400m: 5:24.94 34.26				
13. PARDO, Alessandro Francesco	13	C.N. Villa De Agüimes 2016	<b>5:31.74</b>	354
50m: 34.62 34.62 150m: 1:59.90 44.24 250m: 3:29.47 47.30 350m: 4:56.09 36.82				
100m: 1:15.66 41.04 200m: 2:42.17 42.27 300m: 4:19.27 49.80 400m: 5:31.74 35.65				
14. MATEO HERNANDEZ, Alexis	10	C.N. Valleverde	<b>5:38.62</b>	333
50m: 34.88 34.88 150m: 2:01.57 45.36 250m: 3:34.65 49.33 350m: 5:03.30 39.33				
100m: 1:16.21 41.33 200m: 2:45.32 43.75 300m: 4:23.97 49.32 400m: 5:38.62 35.32				
DIAZ VERDE, David	07	Cn.Salinas Sta.Lucia	<b>5:38.62</b>	333
50m: 33.99 33.99 150m: 1:58.57 44.08 250m: 3:30.67 49.28 350m: 5:38.62				
100m: 1:14.49 40.50 200m: 2:41.39 42.82 300m: 4:20.75 50.08 400m: 5:38.62				
16. NUEZ CRUZ, Gadiel	09	C.N. Aguacan	<b>5:40.87</b>	326
50m: 32.87 32.87 150m: 1:59.30 47.66 250m: 3:29.39 45.38 350m: 4:59.78 42.44				
100m: 1:11.64 38.77 200m: 2:44.01 44.71 300m: 4:17.34 47.95 400m: 5:40.87 41.09				
17. POLADASHVILI, Andria	11	C.N. Carucagua	<b>5:44.46</b>	316
50m: 34.40 34.40 150m: 2:01.94 46.30 250m: 3:38.50 51.65 350m: 5:08.13 40.56				
100m: 1:15.64 41.24 200m: 2:46.85 44.91 300m: 4:27.57 49.07 400m: 5:44.46 36.33				
18. DIAZ MERCADO, Teo	12	C.N. Carucagua	<b>6:29.07</b>	219
50m: 41.18 41.18 150m: 2:17.90 48.16 250m: 4:02.23 57.56 350m: 5:45.55 44.26				
100m: 1:29.74 48.56 200m: 3:04.67 46.77 300m: 5:01.29 59.06 400m: 6:29.07 43.52				
19. GUEDES ALONSO, Francisco Yeray	80	C.N. Valleverde	<b>6:44.83</b>	195
50m: 42.48 42.48 150m: 2:29.61 55.47 250m: 4:20.35 56.40 350m: 6:02.49 45.42				
100m: 1:34.14 51.66 200m: 3:23.95 54.34 300m: 5:17.07 56.72 400m: 6:44.83 42.34				
DSQ PEREZ SARMIENTO, Rodrigo	13	Club Deportivo Agaeterun		
DSQ PEREZ CERVILLA, Daniel	07	C.D. Nonadamos		
DVI - Desc Viraje Irregular				

Prueba 14  
22/11/2025

Fem., 50m Mariposa

Absoluto Femenino  
Resultados

Puntos: AQUA 2025

Clasificación	AN		Tiempo	Pts
1. CABALLERO RUIZ, Elena	11	C.N. Metropole	<b>28.97</b>	564 MMR
2. QUINTILLA MODREGO, Laia	88	Club Deportivo Agaeterun	<b>29.81</b>	517
3. SANTANA DRAGO, Leire	07	C.N. Las Palmas	<b>30.55</b>	481
4. ROMERO BASTERRECHEA, Paula	97	C.N. Aguacan	<b>31.02</b>	459
PULIDO MAYOR, Sheila	98	C.N..Faynagua C. Telde	<b>31.02</b>	459
6. DI BERNARDO, Virginia	11	Cn.Salinas Sta.Lucia	<b>31.30</b>	447
7. PULIDO SOSA, Valeria	10	C.N. Las Palmas	<b>31.59</b>	435
8. SUAREZ MACIAS, Gabriela	09	C.N. Aguacan	<b>32.06</b>	416

Prueba 14, Fem., 50m Mariposa, Absoluto Femenino

Clasificación	AN		Tiempo	Pts
9. SANTANA RAMIREZ, Carmen	07	C.N. Metropole	<b>32.71</b>	392
10. DUBOIS RIVERO, Lara	10	C.N. Villa De Agüimes 2016	<b>32.73</b>	391
11. SARMIENTO NARANJO, Carla	09	C.N. Villa De Agüimes 2016	<b>33.16</b>	376
12. ALAMO HERRERA, Julia	07	Club Deportivo Agaeterun	<b>33.42</b>	367
13. CEDRES ESPINOSA, Martina	09	Esna Lanzarote	<b>33.74</b>	357
14. PEREZ SUAREZ, Laura	01	C.N..Faynagua C. Telde	<b>33.85</b>	353
15. MORENO DOMINGUEZ, Paola	07	C.N. Carucagua	<b>33.99</b>	349
16. GARCIA CERVANTES, Laura	89	C.D. Nonadamos	<b>35.41</b>	309
17. PERCANNELLA, Giada	07	C.N. Valleverde	<b>35.44</b>	308
18. QUINTANA PEREZ, Alma	09	C.N. Carucagua	<b>36.00</b>	294
19. MERCADO RODRIGUEZ, Lia	12	C.D. Nonadamos	<b>38.47</b>	240
20. GARCIA PEREZ, Paola	06	C.P.Santa Mª De Guia	<b>39.39</b>	224
21. MARTEL TORRES, Carmen	13	Cn.Salinas Sta.Lucia	<b>40.48</b>	206
22. FERNANDEZ GUILLEN, Valentina	14	Esna Lanzarote	<b>43.17</b>	170
23. RODRIGUEZ MARRERO, Leiva	09	C.N. Valleverde	<b>47.64</b>	126

Prueba 15  
22/11/2025

Masc., 50m Mariposa

Absoluto Masculino  
Resultados

Puntos: AQUA 2025

Clasificación	AN		Tiempo	Pts
1. VACCARI MARCHETTI, Federico	07	C.N. Metropole	<b>25.54</b>	581
2. MAÑOJIL CABRERA, Sergio	05	C.N. Aguacan	<b>25.93</b>	555
3. CHAVARREN CORUJO, Asier	98	C.N. Aguacan	<b>27.06</b>	489
4. CARRERO SERRANO, Marcos Daniel	09	C.D. Herbania	<b>27.51</b>	465
5. HENRIQUEZ QUEVEDO, Jorge	11	C.N. Metropole	<b>27.87</b>	447
6. ALAMO SANTOS, Alberto Bruno	07	Club Deportivo Agaeterun	<b>28.85</b>	403
7. ARANDA GALLEG0, Jose Juan	75	Esna Lanzarote	<b>28.91</b>	401
8. LAGO CARABALLO, Saul	98	Cn.Salinas Sta.Lucia	<b>29.07</b>	394
9. OUBIÑA CORVALAN, Marcos A	05	Cn.Salinas Sta.Lucia	<b>30.20</b>	351
10. SOSA LA CAMERA, Daniel Nauzet	10	C.N. Valleverde	<b>30.38</b>	345
11. GIL RODRIGUEZ, Himar	11	C.N. Carucagua	<b>31.01</b>	324
12. ANDERSSSEN MIRANDA, Knut	10	C.D. Nonadamos	<b>31.13</b>	321
13. HERNANDEZ ROCIO, Francisco Javier	10	C.N. Valleverde	<b>31.23</b>	318
14. HERNANDEZ GODOY, Juan Gabriel	08	C.N. Carucagua	<b>33.29</b>	262
15. SANCHEZ RODRIGUEZ, Adrian	12	C.D. Nonadamos	<b>33.68</b>	253
16. MICO FERNANDEZ, Pedro	11	C.D. Herbania	<b>33.79</b>	251
17. CARRETERO LLARENA, Yeron	10	C.N. Villa De Agüimes 2016	<b>33.81</b>	250
18. GONZALEZ PATO, Asier	13	Esna Lanzarote	<b>34.23</b>	241
19. GONZALEZ RODRIGUEZ, Javier	06	C.P.Santa Mª De Guia	<b>34.44</b>	237
20. RUIZ CUBAS, Daniel	11	Club Deportivo Agaeterun	<b>35.69</b>	213
21. PADRON GARCIA, Mauro	13	C.P.Santa Mª De Guia	<b>37.66</b>	181
Baja SANTANA SARMIENTO, Miguel	83	C.N..Faynagua C. Telde		

Prueba 16  
22/11/2025

Fem., 200m Braza

Absoluto Femenino  
Resultados

Puntos: AQUA 2025

Clasificación	AN									Tiempo	Pts
1. HERNANDEZ MARTIN, Nerea	03	C.N. Las Palmas								<b>2:43.89</b>	528
50m: 37.57 37.57	100m: 1:18.81	41.24	150m: 2:01.04	42.23	200m: 2:43.89	42.85					
2. WOOD MESA, Maria	12	C.N. Metropole								<b>2:44.17</b>	525
50m: 38.07 38.07	100m: 1:19.90	41.83	150m: 2:02.22	42.32	200m: 2:44.17	41.95					
3. CERPA CABALLERO, Xiomara Ma	01	C.N. Aguacan								<b>2:46.84</b>	500
50m: 37.29 37.29	100m: 1:19.17	41.88	150m: 2:02.79	43.62	200m: 2:46.84	44.05					
4. ARIAS FREIRE, Sophia Alejandra	10	Cn.Salinas Sta.Lucia								<b>2:48.96</b>	482
50m: 38.64 38.64	100m: 1:22.15	43.51	150m: 2:05.54	43.39	200m: 2:48.96	43.42					
5. FUENTES MONTES, Amaya	08	C.N. Las Palmas								<b>2:52.68</b>	451
50m: 39.41 39.41	100m: 1:23.33	43.92	150m: 2:08.17	44.84	200m: 2:52.68	44.51					
6. QUIROS FERNANDEZ, Eva	12	C.N. Metropole								<b>2:54.01</b>	441
50m: 39.22 39.22	100m: 1:23.46	44.24	150m: 2:08.31	44.85	200m: 2:54.01	45.70					
7. GLENESK FLORES, Lucia	08	C.D. Herbania								<b>2:57.31</b>	417
50m: 39.54 39.54	100m: 1:24.65	45.11	150m: 2:11.23	46.58	200m: 2:57.31	46.08					
8. GODOY FALCON, Ma Daniela	06	C.P.Santa Mª De Guia								<b>3:00.75</b>	393
50m: 40.91 40.91	100m: 1:26.64	45.73	150m: 2:14.39	47.75	200m: 3:00.75	46.36					
9. MARTIN MELIAN, Raquel	99	Esna Lanzarote								<b>3:01.51</b>	388
50m: 43.09 43.09	100m: 1:29.40	46.31	150m: 2:15.53	46.13	200m: 3:01.51	45.98					
10. MORALES GONZALEZ, Aroa	08	C.N. Aguacan								<b>3:05.86</b>	362
50m: 41.60 41.60	100m: 1:29.47	47.87	150m: 2:18.57	49.10	200m: 3:05.86	47.29					
11. GONZALEZ GONZALEZ, Aitana	10	C.D. Nonadamos								<b>3:08.57</b>	346
50m: 43.78 43.78	100m: 1:32.64	48.86	150m: 2:22.29	49.65	200m: 3:08.57	46.28					
12. FERRERA VILAR, Nayade	12	C.D. Nonadamos								<b>3:08.73</b>	346
50m: 43.42 43.42	100m: 1:31.52	48.10	150m: 2:20.97	49.45	200m: 3:08.73	47.76					
13. CAMACHO TOLEDO, Aitana	14	Esna Lanzarote								<b>3:11.55</b>	330
50m: 43.34 43.34	100m: 1:31.72	48.38	150m: 2:22.44	50.72	200m: 3:11.55	49.11					
14. JIMENEZ BENITEZ, Irene	13	Club Deportivo Agaeterun								<b>3:25.59</b>	267
50m: 46.68 46.68	100m: 1:40.23	53.55	150m: 2:33.18	52.95	200m: 3:25.59	52.41					
15. JIMENEZ PINEDA, Leyre	12	Cn.Salinas Sta.Lucia								<b>3:27.97</b>	258
50m: 46.79 46.79	100m: 1:39.90	53.11	150m: 2:35.04	55.14	200m: 3:27.97	52.93					
16. ORTEGA QUINTANA, Elena	11	C.N. Carucagua								<b>3:28.74</b>	255
50m: 45.38 45.38	100m: 1:38.31	52.93	150m: 2:34.33	56.02	200m: 3:28.74	54.41					
17. SANTANA RIO, Leire	12	Club Deportivo Agaeterun								<b>3:39.67</b>	219
50m: 50.74 50.74	100m: 1:46.92	56.18	150m: 2:43.58	56.66	200m: 3:39.67	56.09					
18. RUIZ DIAZ, Julia	10	C.N. Carucagua								<b>4:02.97</b>	162
50m: 54.63 54.63	100m: 1:56.33	1:01.70	150m: 3:01.49	1:05.16	200m: 4:02.97	1:01.48					

Prueba 17  
22/11/2025

Masc., 200m Braza

Absoluto Masculino  
Resultados

Puntos: AQUA 2025

Clasificación	AN									Tiempo	Pts
1. SANCHEZ MEDINA, Ian	06	C.N. Metropole								<b>2:23.92</b>	581
50m: 32.93 32.93	100m: 1:09.69	36.76	150m: 1:47.34	37.65	200m: 2:23.92	36.58					
2. CERPA CABALLERO, Jonay Salvador	99	C.N. Aguacan								<b>2:27.48</b>	540
50m: 33.38 33.38	100m: 1:11.19	37.81	150m: 1:49.71	38.52	200m: 2:27.48	37.77					
3. ALVAREZ VALENCIA, Nestor	00	Esna Lanzarote								<b>2:32.30</b>	491
50m: 34.88 34.88	100m: 1:13.66	38.78	150m: 1:52.83	39.17	200m: 2:32.30	39.47					
4. RIOS ROMERO, Joaquin	04	C.D. Nonadamos								<b>2:34.61</b>	469
50m: 35.11 35.11	100m: 1:13.74	38.63	150m: 1:53.51	39.77	200m: 2:34.61	41.10					
5. GONZALEZ POU, Daniel	01	C.N. Aguacan								<b>2:40.20</b>	421
50m: 35.39 35.39	100m: 1:15.86	40.47	150m: 1:57.58	41.72	200m: 2:40.20	42.62					
6. BEDOYA OTERO, Omar	81	C.N. Valleverde								<b>2:45.37</b>	383
50m: 36.14 36.14	100m: 1:17.03	40.89	150m: 2:00.19	43.16	200m: 2:45.37	45.18					
7. MERINO FAJARDO, Eduardo	09	C.D. Nonadamos								<b>2:47.30</b>	370
50m: 38.38 38.38	100m: 1:20.98	42.60	150m: 2:03.98	43.00	200m: 2:47.30	43.32					
8. QUILES PEÑATE, Jose Antonio	09	C.N. Metropole								<b>2:48.29</b>	364
50m: 38.00 38.00	100m: 1:21.28	43.28	150m: 2:04.86	43.58	200m: 2:48.29	43.43					
9. CABRERA MAROTO, Jose	11	C.N. Carucagua								<b>2:48.96</b>	359
50m: 38.56 38.56	100m: 1:22.33	43.77	150m: 2:06.29	43.96	200m: 2:48.96	42.67					
10. CARDONA RAMIREZ, Jose Miguel	12	Cn.Salinas Sta.Lucia								<b>2:52.53</b>	337
50m: 38.92 38.92	100m: 1:23.40	44.48	150m: 2:08.41	45.01	200m: 2:52.53	44.12					
11. ALAMO HERRERA, Jorge	11	Club Deportivo Agaeterun								<b>2:54.69</b>	325
50m: 39.40 39.40	100m: 1:23.87	44.47	150m: 2:09.40	45.53	200m: 2:54.69	45.29					
12. DUARTE RIVADO, Raul	90	C.N. Valleverde								<b>3:00.08</b>	297
50m: 41.64 41.64	100m: 1:28.77	47.13	150m: 2:15.38	46.61	200m: 3:00.08	44.70					
13. FDEZ DIAZ, Santiago	06	Esna Lanzarote								<b>3:01.65</b>	289
50m: 40.89 40.89	100m: 1:27.98	47.09	150m: 2:15.52	47.54	200m: 3:01.65	46.13					
14. VAN KERKHOF REGUERO, Jesper	09	C.N..Faynagua C. Telde								<b>3:02.57</b>	285
50m: 41.54 41.54	100m: 1:27.83	46.29	150m: 2:15.36	47.53	200m: 3:02.57	47.21					
15. RIVERO MEDINA, Joel	05	Cn.Salinas Sta.Lucia								<b>3:07.54</b>	263
50m: 40.75 40.75	100m: 1:27.39	46.64	150m: 2:16.82	49.43	200m: 3:07.54	50.72					
16. RUANO ZERPA, Fabio	10	C.N..Faynagua C. Telde								<b>3:11.24</b>	248
50m: 44.07 44.07	100m: 1:33.70	49.63	150m: 2:23.81	50.11	200m: 3:11.24	47.43					
17. GUILLEN MORENO, Omar	12	C.P.Santa Mª De Guia								<b>3:16.08</b>	230
50m: 43.66 43.66	100m: 1:34.43	50.77	150m: 2:26.76	52.33	200m: 3:16.08	49.32					
18. HERRERA AYMAR, Sergio	13	C.P.Santa Mª De Guia								<b>3:20.75</b>	214
50m: 44.70 44.70	100m: 1:36.18	51.48	150m: 2:29.34	53.16	200m: 3:20.75	51.41					
19. MORERA VEGA, Aitor	11	C.N. Carucagua								<b>3:22.98</b>	207
50m: 43.40 43.40	100m: 1:36.05	52.65	150m: 2:32.51	56.46	200m: 3:22.98	50.47					

Prueba 17, Masc., 200m Braza, Absoluto Masculino

Clasificación	AN				Tiempo				Pts
20. SUAREZ ORTEGA, Aaron	13	C.N. Villa De Agüimes 2016			<b>3:30.24</b>				186
50m: 48.01 48.01	100m: 1:42.79	54.78	150m: 2:37.77	54.98	200m: 3:30.24				52.47
21. ALVAREZ GONZALEZ, Hugo	12	C.D. Herbania			<b>3:39.88</b>				163
50m: 48.14 48.14	100m: 1:44.11	55.97	150m: 2:42.01	57.90	200m: 3:39.88				57.87
22. TRICCA, Alexander	13	C.D. Herbania			<b>3:50.55</b>				141
50m: 50.81 50.81	100m: 1:49.15	58.34	150m: 2:50.63	1:01.48	200m: 3:50.55				59.92

Prueba 18  
22/11/2025

Fem., 100m Espalda

Absoluto Femenino  
Resultados

Puntos: AQUA 2025

Clasificación	AN				Tiempo				Pts
1. RODRIGUEZ RIVERO, Paula	02	C.N. Las Palmas			<b>1:02.40</b>				648
50m: 30.25 30.25	100m: 1:02.40	32.15							
2. GONZALEZ GONZALEZ, Janeth	10	C.N. Aguacan			<b>1:06.69</b>				531
50m: 32.17 32.17	100m: 1:06.69	34.52							
3. SANTANA DRAGO, Leire	07	C.N. Las Palmas			<b>1:06.82</b>				528
50m: 32.15 32.15	100m: 1:06.82	34.67							
4. HERNANDEZ CASTRILLO, Yessica	00	C.N. Aguacan			<b>1:07.02</b>				523
50m: 32.71 32.71	100m: 1:07.02	34.31							
5. FERNANDEZ ANDRES, Lola	11	Cn.Salinas Sta.Lucia			<b>1:08.20</b>				496
50m: 33.43 33.43	100m: 1:08.20	34.77							
6. BATISTA RIOS, Marta	11	C.N. Metropole			<b>1:09.65</b>				466
50m: 33.54 33.54	100m: 1:09.65	36.11							
7. AGUIAR ESPINO, Olivia	09	C.N. Metropole			<b>1:10.79</b>				444
50m: 34.33 34.33	100m: 1:10.79	36.46							
8. MARTIN MARTIN, Nerea	11	C.D. Nonadamos			<b>1:13.85</b>				391
50m: 35.73 35.73	100m: 1:13.85	38.12							
9. DI BERNARDO, Lucrecia	13	Cn.Salinas Sta.Lucia			<b>1:17.30</b>				341
50m: 37.24 37.24	100m: 1:17.30	40.06							
10. NUEZ CABRERA, Alba	09	C.N. Carucagua			<b>1:18.04</b>				331
50m: 38.44 38.44	100m: 1:18.04	39.60							
11. NAVARRO LUZARDO, Aranzazu	08	C.N. Carucagua			<b>1:19.68</b>				311
50m: 39.21 39.21	100m: 1:19.68	40.47							
12. LORENZO GONZALEZ, Victoria	12	Esna Lanzarote			<b>1:20.37</b>				303
50m: 39.56 39.56	100m: 1:20.37	40.81							
13. PEREZ LUIS, Lucia	08	C.D. Herbania			<b>1:22.82</b>				277
50m: 39.63 39.63	100m: 1:22.82	43.19							
14. TABARES HERNANDEZ, Daniela	09	C.N. Valleverde			<b>1:23.50</b>				270
50m: 39.79 39.79	100m: 1:23.50	43.71							



Prueba 18, Fem., 100m Espalda, Absoluto Femenino

Clasificación	AN		Tiempo	Pts
15. FAJARDO SANCHEZ, Valeria	11	C.D. Herbania	<b>1:25.05</b>	256
50m: 41.16 41.16 100m: 1:25.05		43.89		
16. ALAMO SANTOS, Rocio	11	Club Deportivo Agaeterun	<b>1:25.13</b>	255
50m: 43.37 43.37 100m: 1:25.13		41.76		
17. ESTEVEZ RAMOS, Claudia	13	C.P.Santa Mª De Guia	<b>1:25.15</b>	255
50m: 41.52 41.52 100m: 1:25.15		43.63		
18. JORGE GARCIA, Mayka	08	Club Deportivo Agaeterun	<b>1:26.56</b>	243
50m: 41.64 41.64 100m: 1:26.56		44.92		
19. CEDRES ESPINOSA, Valeria	09	Esna Lanzarote	<b>1:27.47</b>	235
50m: 42.74 42.74 100m: 1:27.47		44.73		
20. CONTESSI, Alice	12	C.N. Villa De Agüimes 2016	<b>1:27.54</b>	234
50m: 42.32 42.32 100m: 1:27.54		45.22		
21. NAVARRO PARRILLA, Aisha	11	C.N. Valleverde	<b>1:32.80</b>	197
50m: 45.04 45.04 100m: 1:32.80		47.76		
DSQ SANTANA GIL, Valeria	11	C.D. Nonadamos		
Baja FLEITAS DIAZ, Maria Edelmira	11	C.P.Santa Mª De Guia		

Prueba 19  
22/11/2025

Masc., 100m Espalda

Absoluto Masculino  
Resultados

Puntos: AQUA 2025

Clasificación	AN		Tiempo	Pts
1. MARTIN SUAREZ, Alejandro	00	C.N. Aguacan	<b>1:00.31</b>	514
50m: 29.64 29.64 100m: 1:00.31		30.67		
2. GARCIA CARRETERO, Nicolas	09	C.N. Metropole	<b>1:01.43</b>	486
50m: 30.13 30.13 100m: 1:01.43		31.30		
3. MANZATTO VACCARO, Nicolas	06	Esna Lanzarote	<b>1:01.81</b>	478
50m: 29.69 29.69 100m: 1:01.81		32.12		
4. ACOSTA ARMAS, Agoney	07	C.N. Metropole	<b>1:01.86</b>	476
50m: 30.17 30.17 100m: 1:01.86		31.69		
5. VILLANUEVA JODKO, Aleksander	08	Cn.Salinas Sta.Lucia	<b>1:02.53</b>	461
50m: 30.33 30.33 100m: 1:02.53		32.20		
6. SALUTREGUI GOMEZ, Nicolas	01	C.N. Aguacan	<b>1:03.00</b>	451
50m: 30.34 30.34 100m: 1:03.00		32.66		
7. LOPEZ GARCIA, Andreas	98	Cn.Salinas Sta.Lucia	<b>1:04.27</b>	425
50m: 32.23 32.23 100m: 1:04.27		32.04		
8. CARRERO SERRANO, Marcos Daniel	09	C.D. Herbania	<b>1:05.14</b>	408
50m: 31.88 31.88 100m: 1:05.14		33.26		
9. MONZON HENRIQUEZ, Hugo	10	Club Deportivo Agaeterun	<b>1:06.49</b>	384
50m: 32.31 32.31 100m: 1:06.49		34.18		



Prueba 19, Masc., 100m Espalda, Absoluto Masculino

Clasificación	AN		Tiempo	Pts
10. CAMPANALUNGA MORALES, Enzo	08	C.N..Faynagua C. Telde	<b>1:08.77</b>	347
50m: 33.25 33.25 100m: 1:08.77		35.52		
11. GUTIERREZ MORENO, Lucas Del Carr	11	Club Deportivo Agaeterun	<b>1:09.46</b>	336
50m: 33.93 33.93 100m: 1:09.46		35.53		
12. RODRIGUEZ SANTANA, Mario	13	C.N. Villa De Agüimes 2016	<b>1:13.44</b>	285
50m: 36.16 36.16 100m: 1:13.44		37.28		
13. HERNANDEZ SANTANA, Erik	11	C.N. Carucagua	<b>1:13.81</b>	280
50m: 36.26 36.26 100m: 1:13.81		37.55		
14. SANTANA ACUÑA, Gorka	09	C.D. Nonadamos	<b>1:13.93</b>	279
50m: 35.63 35.63 100m: 1:13.93		38.30		
15. RODRIGUEZ PULIDO, Daniel	89	C.N. Valleverde	<b>1:14.17</b>	276
50m: 36.08 36.08 100m: 1:14.17		38.09		
16. DASCULTU, Vlad Gabriel	12	Esna Lanzarote	<b>1:16.64</b>	250
50m: 37.68 37.68 100m: 1:16.64		38.96		
17. DUARTE RIVADO, Raul	90	C.N. Valleverde	<b>1:20.16</b>	219
50m: 38.61 38.61 100m: 1:20.16		41.55		
18. CAMPANALUNGA MORALES, Fabio	10	C.N..Faynagua C. Telde	<b>1:22.51</b>	200
50m: 40.35 40.35 100m: 1:22.51		42.16		
19. QUINTANA BENITEZ, Luis	11	C.N. Carucagua	<b>1:22.81</b>	198
50m: 39.56 39.56 100m: 1:22.81		43.25		
20. HERNANDEZ CURBELO, Unai	10	C.D. Nonadamos	<b>1:25.71</b>	179
50m: 42.50 42.50 100m: 1:25.71		43.21		
21. MATO VAZQUEZ, Rodrigo	13	C.D. Herbania	<b>1:26.74</b>	172
50m: 42.62 42.62 100m: 1:26.74		44.12		
22. TACORONTE PEREZ, Francisco	12	C.P.Santa Mª De Guia	<b>1:35.35</b>	130
50m: 45.82 45.82 100m: 1:35.35		49.53		
Baja SANTANA VALENTIN, Hector	08	C.N. Villa De Agüimes 2016		

Prueba 20  
22/11/2025

Fem., 1500m Libre

Absoluto Femenino  
Resultados

Puntos: AQUA 2025

Clasificación	AN		Tiempo	Pts
1. ULIBARRI SANCHEZ, Ines	09	C.N. Las Palmas	<b>17:47.36</b>	616
50m: 32.03 32.03 450m: 5:15.07 35.71 850m: 9:59.22 35.61 1250m: 14:46.58 36.05				
100m: 1:06.98 34.95 500m: 5:50.26 35.19 900m: 10:34.87 35.65 1300m: 15:22.84 36.26				
150m: 1:41.84 34.86 550m: 6:25.63 35.37 950m: 11:10.72 35.85 1350m: 15:59.23 36.39				
200m: 2:17.54 35.70 600m: 7:00.84 35.21 1000m: 11:46.53 35.81 1400m: 16:35.70 36.47				
250m: 2:52.91 35.37 650m: 7:36.44 35.60 1050m: 12:22.60 36.07 1450m: 17:11.93 36.23				
300m: 3:28.18 35.27 700m: 8:12.27 35.83 1100m: 12:58.66 36.06 1500m: 17:47.36 35.43				
350m: 4:03.84 35.66 750m: 8:47.96 35.69 1150m: 13:34.78 36.12				
400m: 4:39.36 35.52 800m: 9:23.61 35.65 1200m: 14:10.53 35.75				

Prueba 20, Fem., 1500m Libre, Absoluto Femenino

Clasificación	AN				Tiempo				Pts			
2.	BENITEZ BRITO, Ana			10	C.N. Metropole			18:10.52	577			
	50m:	32.17	32.17	450m:	5:21.03	36.58	850m:	10:16.74	37.39	1250m:	15:10.17	37.21
	100m:	1:07.90	35.73	500m:	5:57.69	36.66	900m:	10:53.66	36.92	1300m:	15:47.31	37.14
	150m:	1:43.87	35.97	550m:	6:34.59	36.90	950m:	11:30.34	36.68	1350m:	16:23.99	36.68
	200m:	2:20.01	36.14	600m:	7:11.33	36.74	1000m:	12:06.62	36.28	1400m:	17:00.46	36.47
	250m:	2:55.94	35.93	650m:	7:48.41	37.08	1050m:	12:42.63	36.01	1450m:	17:37.14	36.68
	300m:	3:31.91	35.97	700m:	8:25.28	36.87	1100m:	13:19.08	36.45	1500m:	18:10.52	33.38
	350m:	4:08.02	36.11	750m:	9:02.41	37.13	1150m:	13:55.91	36.83			
	400m:	4:44.45	36.43	800m:	9:39.35	36.94	1200m:	14:32.96	37.05			
3.	MEJIAS INGLOTT, Valeria			08	C.N. Las Palmas			18:11.26	576			
	50m:	32.50	32.50	450m:	5:17.69	36.25	850m:	10:10.41	36.96	1250m:	15:07.56	37.09
	100m:	1:07.30	34.80	500m:	5:54.02	36.33	900m:	10:47.30	36.89	1300m:	15:44.72	37.16
	150m:	1:42.60	35.30	550m:	6:30.27	36.25	950m:	11:24.49	37.19	1350m:	16:21.88	37.16
	200m:	2:18.22	35.62	600m:	7:06.83	36.56	1000m:	12:01.45	36.96	1400m:	16:58.94	37.06
	250m:	2:53.77	35.55	650m:	7:43.49	36.66	1050m:	12:38.86	37.41	1450m:	17:35.53	36.59
	300m:	3:29.53	35.76	700m:	8:20.06	36.57	1100m:	13:16.10	37.24	1500m:	18:11.26	35.73
	350m:	4:05.41	35.88	750m:	8:56.57	36.51	1150m:	13:53.14	37.04			
	400m:	4:41.44	36.03	800m:	9:33.45	36.88	1200m:	14:30.47	37.33			
4.	DE MARCO CASTAÑO, Natalia			08	C.N. Valleverde			18:20.98	561			
	50m:	33.86	33.86	450m:	5:28.03	37.15	850m:	10:22.58	37.28	1250m:	15:18.49	37.06
	100m:	1:10.23	36.37	500m:	6:04.54	36.51	900m:	10:59.72	37.14	1300m:	15:55.26	36.77
	150m:	1:46.97	36.74	550m:	6:41.36	36.82	950m:	11:36.59	36.87	1350m:	16:32.41	37.15
	200m:	2:23.69	36.72	600m:	7:17.89	36.53	1000m:	12:13.88	37.29	1400m:	17:09.47	37.06
	250m:	3:00.64	36.95	650m:	7:54.31	36.42	1050m:	12:50.90	37.02	1450m:	17:46.12	36.65
	300m:	3:37.34	36.70	700m:	8:31.12	36.81	1100m:	13:27.72	36.82	1500m:	18:20.98	34.86
	350m:	4:14.02	36.68	750m:	9:07.92	36.80	1150m:	14:04.88	37.16			
	400m:	4:50.88	36.86	800m:	9:45.30	37.38	1200m:	14:41.43	36.55			
5.	DE CASTRO URQUIOLA, Helena			04	C.N. Aguacan			18:36.20	538			
	50m:	33.09	33.09	450m:	5:29.24	37.49	850m:	10:29.87	37.17	1250m:	15:30.57	37.71
	100m:	1:09.09	36.00	500m:	6:06.93	37.69	900m:	11:07.56	37.69	1300m:	16:08.20	37.63
	150m:	1:45.81	36.72	550m:	6:44.40	37.47	950m:	11:44.90	37.34	1350m:	16:45.73	37.53
	200m:	2:22.68	36.87	600m:	7:22.11	37.71	1000m:	12:22.63	37.73	1400m:	17:23.36	37.63
	250m:	2:59.21	36.53	650m:	7:59.66	37.55	1050m:	13:00.10	37.47	1450m:	18:00.46	37.10
	300m:	3:36.69	37.48	700m:	8:37.24	37.58	1100m:	13:37.80	37.70	1500m:	18:36.20	35.74
	350m:	4:14.39	37.70	750m:	9:14.85	37.61	1150m:	14:15.19	37.39			
	400m:	4:51.75	37.36	800m:	9:52.70	37.85	1200m:	14:52.86	37.67			
6.	SUAREZ MACIAS, Gabriela			09	C.N. Aguacan			19:14.05	487			
	50m:	33.94	33.94	450m:	5:38.47	38.42	850m:	10:47.02	38.88	1250m:	15:59.41	39.31
	100m:	1:11.53	37.59	500m:	6:16.86	38.39	900m:	11:26.00	38.98	1300m:	16:39.01	39.60
	150m:	1:48.95	37.42	550m:	6:55.47	38.61	950m:	12:04.49	38.49	1350m:	17:18.49	39.48
	200m:	2:26.71	37.76	600m:	7:33.98	38.51	1000m:	12:43.70	39.21	1400m:	17:57.76	39.27
	250m:	3:04.92	38.21	650m:	8:12.39	38.41	1050m:	13:22.61	38.91	1450m:	18:36.46	38.70
	300m:	3:43.09	38.17	700m:	8:50.83	38.44	1100m:	14:01.92	39.31	1500m:	19:14.05	37.59
	350m:	4:21.43	38.34	750m:	9:29.20	38.37	1150m:	14:40.87	38.95			
	400m:	5:00.05	38.62	800m:	10:08.14	38.94	1200m:	15:20.10	39.23			

Prueba 20, Fem., 1500m Libre, Absoluto Femenino

Clasificación	AN				Tiempo				Pts			
7.	HERRERA FIGUEIRAS, Tania			13	Esna Lanzarote			19:24.76	474			
	50m:	35.36	35.36	450m:	5:45.45	39.25	850m:	11:00.97	39.47	1250m:	16:14.77	39.19
	100m:	1:12.95	37.59	500m:	6:24.63	39.18	900m:	11:40.73	39.76	1300m:	16:53.95	39.18
	150m:	1:51.50	38.55	550m:	7:04.30	39.67	950m:	12:19.55	38.82	1350m:	17:32.12	38.17
	200m:	2:30.24	38.74	600m:	7:43.68	39.38	1000m:	12:58.89	39.34	1400m:	18:11.27	39.15
	250m:	3:09.25	39.01	650m:	8:22.83	39.15	1050m:	13:38.16	39.27	1450m:	18:48.85	37.58
	300m:	3:48.28	39.03	700m:	9:02.31	39.48	1100m:	14:16.76	38.60	1500m:	19:24.76	35.91
	350m:	4:27.47	39.19	750m:	9:41.96	39.65	1150m:	14:56.13	39.37			
	400m:	5:06.20	38.73	800m:	10:21.50	39.54	1200m:	15:35.58	39.45			
8.	QUINTANA SUAREZ, Miriam			10	Club Deportivo Agaeterun			19:32.97	464			
	50m:	34.89	34.89	450m:	5:46.08	39.39	850m:	11:02.28	40.15	1250m:	16:19.47	39.51
	100m:	1:12.54	37.65	500m:	6:25.71	39.63	900m:	11:42.09	39.81	1300m:	16:58.76	39.29
	150m:	1:51.05	38.51	550m:	7:04.27	38.56	950m:	12:22.16	40.07	1350m:	17:37.86	39.10
	200m:	2:29.96	38.91	600m:	7:43.57	39.30	1000m:	13:02.13	39.97	1400m:	18:17.28	39.42
	250m:	3:08.99	39.03	650m:	8:22.45	38.88	1050m:	13:41.61	39.48	1450m:	18:56.10	38.82
	300m:	3:48.11	39.12	700m:	9:02.39	39.94	1100m:	14:21.15	39.54	1500m:	19:32.97	36.87
	350m:	4:27.43	39.32	750m:	9:42.25	39.86	1150m:	15:00.25	39.10			
	400m:	5:06.69	39.26	800m:	10:22.13	39.88	1200m:	15:39.96	39.71			
9.	LOPEZ SOSA, Carla			09	Cn.Salinas Sta.Lucia			19:35.97	460			
	50m:	35.47	35.47	450m:	5:52.60	39.86	850m:	11:09.07	39.58	1250m:	16:24.50	39.52
	100m:	1:14.38	38.91	500m:	6:32.20	39.60	900m:	11:48.55	39.48	1300m:	17:03.85	39.35
	150m:	1:53.99	39.61	550m:	7:11.79	39.59	950m:	12:28.32	39.77	1350m:	17:43.47	39.62
	200m:	2:33.64	39.65	600m:	7:51.62	39.83	1000m:	13:07.86	39.54	1400m:	18:22.64	39.17
	250m:	3:13.51	39.87	650m:	8:31.37	39.75	1050m:	13:47.33	39.47	1450m:	19:01.37	38.73
	300m:	3:53.21	39.70	700m:	9:10.57	39.20	1100m:	14:26.34	39.01	1500m:	19:35.97	34.60
	350m:	4:33.16	39.95	750m:	9:49.96	39.39	1150m:	15:05.59	39.25			
	400m:	5:12.74	39.58	800m:	10:29.49	39.53	1200m:	15:44.98	39.39			
10.	FALCON AFONSO, Ines			13	C.N. Carucagua			20:54.51	379			
	50m:	36.49	36.49	450m:	6:10.55	42.16	850m:	11:49.92	42.75	1250m:	17:29.99	42.54
	100m:	1:18.28	41.79	500m:	6:53.10	42.55	900m:	12:32.88	42.96	1300m:	18:12.12	42.13
	150m:	2:00.22	41.94	550m:	7:35.39	42.29	950m:	13:15.12	42.24	1350m:	18:53.81	41.69
	200m:	2:41.09	40.87	600m:	8:17.39	42.00	1000m:	13:57.70	42.58	1400m:	19:35.31	41.50
	250m:	3:22.86	41.77	650m:	8:59.92	42.53	1050m:	14:39.90	42.20	1450m:	20:17.13	41.82
	300m:	4:05.15	42.29	700m:	9:42.55	42.63	1100m:	15:22.25	42.35	1500m:	20:54.51	37.38
	350m:	4:46.87	41.72	750m:	10:24.80	42.25	1150m:	16:05.13	42.88			
	400m:	5:28.39	41.52	800m:	11:07.17	42.37	1200m:	16:47.45	42.32			
11.	GONZALEZ RAMIREZ, Marta			09	C.N..Faynagua C. Telde			20:56.81	377			
	50m:	37.95	37.95	450m:	6:13.85	42.21	850m:	11:53.16	42.45	1250m:	17:28.41	42.16
	100m:	1:19.12	41.17	500m:	6:56.27	42.42	900m:	12:35.63	42.47	1300m:	18:10.47	42.06
	150m:	2:01.09	41.97	550m:	7:38.50	42.23	950m:	13:17.84	42.21	1350m:	18:53.27	42.80
	200m:	2:43.11	42.02	600m:	8:20.78	42.28	1000m:	13:59.80	41.96	1400m:	19:35.54	42.27
	250m:	3:25.01	41.90	650m:	9:03.42	42.64	1050m:	14:41.83	42.03	1450m:	20:17.59	42.05
	300m:	4:07.15	42.14	700m:	9:45.91	42.49	1100m:	15:23.37	41.54	1500m:	20:56.81	39.22
	350m:	4:49.53	42.38	750m:	10:28.41	42.50	1150m:	16:04.57	41.20			
	400m:	5:31.64	42.11	800m:	11:10.71	42.30	1200m:	16:46.25	41.68			

Prueba 20, Fem., 1500m Libre, Absoluto Femenino

Clasificación	AN				Tiempo				Pts
12. PEREZ CERVILLA, Carla	09 C.D. Nonadamos				20:58.90				375
50m: 37.84 37.84	450m: 6:11.57 41.54	850m: 11:48.14 42.63	1250m: 17:31.34 43.47						
100m: 1:19.30 41.46	500m: 6:53.26 41.69	900m: 12:30.28 42.14	1300m: 18:13.62 42.28						
150m: 2:01.06 41.76	550m: 7:34.96 41.70	950m: 13:12.77 42.49	1350m: 18:56.71 43.09						
200m: 2:43.53 42.47	600m: 8:16.94 41.98	1000m: 13:55.57 42.80	1400m: 19:38.45 41.74						
250m: 3:25.35 41.82	650m: 8:58.98 42.04	1050m: 14:38.35 42.78	1450m: 20:19.61 41.16						
300m: 4:07.14 41.79	700m: 9:41.22 42.24	1100m: 15:21.20 42.85	1500m: 20:58.90 39.29						
350m: 4:48.27 41.13	750m: 10:22.82 41.60	1150m: 16:04.39 43.19							
400m: 5:30.03 41.76	800m: 11:05.51 42.69	1200m: 16:47.87 43.48							
13. NARANJO NOVAL, Lucia	10 C.D. Herbania				20:59.57				374
50m: 37.81 37.81	450m: 6:11.36 41.48	850m: 11:49.81 42.67	1250m: 17:30.70 42.56						
100m: 1:18.54 40.73	500m: 6:53.24 41.88	900m: 12:32.52 42.71	1300m: 18:14.10 43.40						
150m: 1:59.96 41.42	550m: 7:35.44 42.20	950m: 13:15.50 42.98	1350m: 18:56.76 42.66						
200m: 2:42.27 42.31	600m: 8:17.63 42.19	1000m: 13:58.07 42.57	1400m: 19:39.78 43.02						
250m: 3:23.87 41.60	650m: 9:00.02 42.39	1050m: 14:40.37 42.30	1450m: 20:22.39 42.61						
300m: 4:05.94 42.07	700m: 9:42.66 42.64	1100m: 15:22.91 42.54	1500m: 20:59.57 37.18						
350m: 4:47.86 41.92	750m: 10:25.01 42.35	1150m: 16:05.51 42.60							
400m: 5:29.88 42.02	800m: 11:07.14 42.13	1200m: 16:48.14 42.63							
14. CABRERA VERASTEGUI, Maria	12 Club Deportivo Agaeterun				22:13.03				316
50m: 39.62 39.62	450m: 6:34.88 44.66	850m: 12:32.16 44.92	1250m: 18:31.72 44.68						
100m: 1:23.55 43.93	500m: 7:19.49 44.61	900m: 13:17.06 44.90	1300m: 19:16.40 44.68						
150m: 2:07.34 43.79	550m: 8:04.11 44.62	950m: 14:01.49 44.43	1350m: 20:00.67 44.27						
200m: 2:51.65 44.31	600m: 8:48.12 44.01	1000m: 14:46.82 45.33	1400m: 20:45.34 44.67						
250m: 3:35.99 44.34	650m: 9:32.82 44.70	1050m: 15:31.80 44.98	1450m: 21:29.56 44.22						
300m: 4:20.75 44.76	700m: 10:17.13 44.31	1100m: 16:16.78 44.98	1500m: 22:13.03 43.47						
350m: 5:05.47 44.72	750m: 11:01.93 44.80	1150m: 17:01.67 44.89							
400m: 5:50.22 44.75	800m: 11:47.24 45.31	1200m: 17:47.04 45.37							

Prueba 21  
22/11/2025

Masc., 4 x 200m Libre

Absoluto Masculino  
Resultados

Puntos: AQUA 2025

Clasificación					Tiempo				Pts
1. C.N. Metropole 1	C.N. Metropole				7:57.44				590
QUILES PEÑATE, Jose Antonio	09	27.93	30.28	31.50	30.26	1:59.97			
ALEMAN LOPEZ, Hugo	09	0.00	28.46	30.58	31.86	2:02.57			
SANTOS CABRERA, Daniel	09	0.00	26.52	29.60	30.78	1:57.43			
COCERA CORDON, Yare	05	0.00	27.31	29.64	29.91	1:57.47			
2. C.N. Aguacan 1	C.N. Aguacan				8:07.41				554
GOMEZ RODRIGUEZ, Daniel	09	27.19	30.07	32.04	31.39	2:00.69			
CHAVARREN CORUJO, Asier	98	0.00	28.40	30.74	31.37	2:01.43			
CERPA CABALLERO, Jonay Salvador	99	0.00	28.14	31.32	31.97	2:02.29			
MAÑOJIL CABRERA, Sergio	05	0.00	27.61	30.86	31.66	2:03.00			
3. Esna Lanzarote 1	Esna Lanzarote				8:11.99				539
COLODRERO MUÑOZ, Ivan	09	28.00	29.74	29.76	29.89	1:57.39			
BETANCORT RODRIGUEZ, Javier	03	0.00	28.00	30.66	32.62	2:04.00			
FDEZ DIAZ, Santiago	06	0.00	28.54	32.37	35.36	2:12.91			
MANZATTO VACCARO, Nicolas	06	0.00	26.08	29.18	30.71	1:57.69			

Prueba 21, Masc., 4 x 200m Libre, Absoluto Masculino

Clasificación

								Tiempo	Pts
4.	Cn.Salinas Sta.Lucia 1		Cn.Salinas Sta.Lucia					<b>8:32.22</b>	478
	SANTANA RAMIREZ, Adrian	08		28.50	31.55	32.29	32.47	2:04.81	
	LOPEZ GARCIA, Andreas	98	0.00	30.18	31.77	31.42	32.37	2:05.74	
	LAGO CARABALLO, Saul	98	0.00	33.06	35.52	35.24	34.35	2:18.17	
	VILLANUEVA JODKO, Aleksander	08	0.00	28.68	31.41	32.46	30.95	2:03.50	
5.	C.D. Nonadamos 1		C.D. Nonadamos					<b>8:47.05</b>	438
	PEREZ CERVILLA, Daniel	07		31.66	33.21	34.44	34.13	2:13.44	
	ESTRADA GARCIA, Borja	11	0.00	29.59	33.89	34.66	32.88	2:11.02	
	RIOS ROMERO, Joaquin	04	0.00	28.15	31.75	35.15	35.61	2:10.66	
	VIERA VIERA, Acoran	03	0.00	29.49	33.32	35.17	33.95	2:11.93	
6.	C.N..Faynagua C. Telde 1		C.N..Faynagua C. Telde					<b>8:47.60</b>	437
	CARAMES HUERTAS, Oriol	08		31.06	33.80	33.88	32.67	2:11.41	
	SANTANA SARMIENTO, Miguel	83	0.00	30.54	33.25	32.07	30.02	2:05.88	
	CAMPANALUNGA MORALES, Enzo	08	0.00	30.10	32.86	33.67	33.46	2:10.09	
	RUANO ZERPA, Fabio	10	0.00	32.18	35.15	36.69	36.20	2:20.22	
7.	Club Deportivo Agaeterun 1		Club Deportivo Agaeterun					<b>8:48.78</b>	434
	ALAMO ESPINO, Joaquin	09		29.41	32.47	34.11	32.60	2:08.59	
	DIAZ ALAMO, Matias	11	0.00	29.85	33.38	34.40	33.85	2:11.48	
	ALAMO SANTOS, Alberto Bruno	07	0.00	30.16	33.32	34.81	34.35	2:12.64	
	DAMIANI, Giorgio	12	0.00	31.05	35.75	35.70	33.57	2:16.07	
8.	C.D. Herbania 1		C.D. Herbania					<b>9:04.26</b>	398
	TOBAL FEBLES, Gabriel	10		29.94	32.35	33.12	31.43	2:06.84	
	AVERO RODRIGUEZ, Angel	11	0.00	30.65	33.84	34.85	34.58	2:13.92	
	CARRERO SERRANO, Marcos Daniel	09	0.00	29.57	33.14	33.59	32.32	2:08.62	
	MICO FERNANDEZ, Pedro	11	0.00	34.33	38.39	41.33	40.83	2:34.88	
9.	C.N. Valleverde 1		C.N. Valleverde					<b>9:18.03</b>	369
	MATEO HERNANDEZ, Alexis	10		30.75	33.96	35.81	34.63	2:15.15	
	HERNANDEZ ROCIO, Francisco Javier	10	0.00	31.17	35.16	36.66	37.01	2:20.00	
	HERNANDEZ PEREZ, Abian	09	0.00	32.02	35.01	37.34	35.54	2:19.91	
	MACHIN CABRERA, Roberto	93	0.00	32.75	36.19	37.83	36.20	2:22.97	
10.	C.N. Carucagua 1		C.N. Carucagua					<b>9:20.06</b>	365
	GIL RODRIGUEZ, Himar	11		30.96	35.60	36.32	36.07	2:18.95	
	POLADASHVILI, Andria	11	0.00	32.45			36.05	2:22.58	
	PONCE PADRON, Ignacio	08	0.00	28.78	33.57	37.06	37.50	2:16.91	
	CABRERA MAROTO, Jose	11	+0,28	31.24	35.65	38.21	36.52	2:21.62	
11.	C.N. Villa De Agüimes 2016 1		C.N. Villa De Agüimes 2016					<b>10:17.45</b>	272
	RODRIGUEZ SANTANA, Mario	13		32.91	37.02	37.60	36.43	2:23.96	
	PARDO, Alessandro Francesco	13	0.00	32.10	35.50	36.59	33.66	2:17.85	
	CARRETERO LLARENA, Yeron	10	0.00	33.47	40.43	43.99	43.45	2:41.34	
	SUAREZ ORTEGA, Aaron	13	0.00	40.45	45.22	45.47	43.16	2:54.30	

Prueba 22  
22/11/2025

Fem., 4 x 100m Libre

Absoluto Femenino  
Resultados

Puntos: AQUA 2025

Clasificación

							Tiempo	Pts
1.	C.N. Las Palmas 1			C.N. Las Palmas			<b>3:52.31</b>	687
	NANNUCCI, Bianca		27.30	55.50	BELLO CODINA, Julia	0.00	28.62	59.70
	DENBY, Kennedy Hope	0.00	27.92	58.21	RODRIGUEZ RIVERO, Paula	0.00	28.17	58.90
2.	C.N. Metropole 1			C.N. Metropole			<b>4:01.73</b>	610
	PISA, Maria Sofia		29.79	1:01.58	ZEMIER, Tatiana	0.00	28.70	1:00.08
	PEREZ RAMOS, Alba	0.00	28.16	59.82	AGUIAR ESPINO, Olivia	0.00	28.90	1:00.25
3.	C.N. Aguacan 1			C.N. Aguacan			<b>4:11.31</b>	542
	SARMIENTO OJEDA, Andrea		30.26	1:03.22	CERPA CABALLERO, Xiomara M	0.00	29.38	1:01.78
	HERNANDEZ CASTRILLO, Yessi	0.00	29.74	1:02.69	DE CASTRO URQUIOLA, Helena	0.00	30.64	1:03.62
4.	Esna Lanzarote 1			Esna Lanzarote			<b>4:17.87</b>	502
	RIJO MARTIN, Sara		29.77	1:02.40	LORENZO GONZALEZ, Victoria	0.00	33.04	1:07.06
	PEREZ MUÑOZ, Claudia	0.00	30.01	1:03.46	MARTIN MELIAN, Raquel	0.00	31.24	1:04.95
5.	Cn.Salinas Sta.Lucia 1			Cn.Salinas Sta.Lucia			<b>4:23.44</b>	471
	DI BERNARDO, Virginia		30.84	1:04.27	LOPEZ SOSA, Carla	0.00	31.02	1:05.65
	FERNANDEZ ANDRES, Lola	0.00	30.88	1:05.19	ARIAS FREIRE, Sophia Alejandra	0.00	32.78	1:08.33
6.	C.D. Nonadamos 1			C.D. Nonadamos			<b>4:25.05</b>	462
	MARTIN MARTIN, Nerea		30.40	1:02.75	RAMOS SANTANA, Laura Maria	0.00	32.66	1:09.23
	GONZALEZ GONZALEZ, Aitana	0.00	31.82	1:06.97	GARCIA CERVANTES, Laura	0.00	32.33	1:06.10
7.	Club Deportivo Agaeterun 1			Club Deportivo Agaeterun			<b>4:27.99</b>	447
	ALAMO SANTOS, Rocio		34.40	1:10.28	QUINTILLA MODREGO, Laia	0.00	29.31	1:00.20
	ALAMO HERRERA, Julia	0.00	31.23	1:06.83	JORGE GARCIA, Mayka	0.00	33.54	1:10.68
8.	C.N..Faynagua C. Telde 1			C.N..Faynagua C. Telde			<b>4:34.64</b>	415
	GIMENEZ CASTILLA, Maria		32.53	1:08.03	PULIDO MAYOR, Sheila	0.00	30.09	1:03.51
	CABALLERO LOZANO, Sheila	0.00	32.74	1:10.90	PEREZ SUAREZ, Laura	0.00	34.17	1:12.20
9.	C.N. Carucagua 1			C.N. Carucagua			<b>4:35.25</b>	413
	NUEZ CABRERA, Alba		33.78	1:10.02	FALCON AFONSO, Ines	0.00	34.39	1:11.02
	ALAMO MATOS, Ariadna	0.00	32.07	1:06.73	MORENO DOMINGUEZ, Paola	0.00	33.34	1:07.48
10.	C.N. Valleverde 1			C.N. Valleverde			<b>4:43.71</b>	377
	DE MARCO CASTAÑO, Natalia		31.10	1:04.03	PERCANNELLA, Giada	0.00	32.74	1:08.73
	SANTANA RODRIGUEZ, Laura	0.00		1:21.05	TABARES HERNANDEZ, Daniela	0.00	32.67	1:09.90
11.	C.D. Herbania 1			C.D. Herbania			<b>4:50.54</b>	351
	TOBAL FEBLES, Helena		34.39	1:11.37	PEREZ LUIS, Lucia	0.00	34.27	1:13.04
	GLENESK FLORES, Lucia	0.00	33.71	1:11.13	FAJARDO SANCHEZ, Valeria	0.00	35.03	1:15.00